

A Cry For Help
Psalm 13 / July 12, 2020

Psalm 13 is the shortest of the prayers for help in the book of Psalms. It teaches us how to pray by showing us who we are when we pray. It's in our honest complaints that we evidence a faith that enables us to rise above our troubles and experience true joy.

Read Psalm 13

1. What is the focus of the complaint that opens this Psalm (v. 1)? (see Psalm 77:1-9)
2. How does this writer experience the absence of God in his life (v.2)?
3. In what ways do these opening verses describe your experience with God in this season?
4. What, if anything, have you learned about true happiness over the last four months?
5. What is the implied relationship between the petitioner and God in this short prayer (vs. 3-4)? (see Matthew 7:9-11)
6. What's the focus of the trust that turns this prayer from despair to delight (v.5)? (see Romans 8:35-39)
7. What do you most need from God in this moment?

My Lord and my God look on me and answer me that I might experience your peace and joy today.