



SERIES OVERVIEW

Vibes

Nobody has more vibes—more moods they experience or things they feel in a deep and real way—than your students. And while there’s nothing wrong with feeling all the feels, the problem comes when they let these passing vibes become the motivators of their moods and actions. That’s why in this series, we’re going to help your students deep dive into some of the feelings we all feel and the way they inspire our actions in an effort to figure out what they can do to better control their vibes instead of letting their vibes control them.

TOPIC	RELATIONSHIP	CORE THEOLOGICAL INSIGHT	RESPONSE
Emotions	Self	Image & Faith	Authentic Faith

WEEK ONE

SCRIPTURE
Mark 7:5-8 NIV, Mark 7:21a NIV, Matthew 11:28 NIV, & John 14:27 NIV

BOTTOM LINE
Because of Jesus, emotions don’t have to be the boss of you.

WEEK TWO

SCRIPTURE
James 3:13-14 NIV, James 3:16 NIV, James 4:1-2 NIV, & Philippians 2:6-7 NIV

BOTTOM LINE
Because of Jesus, anger doesn’t have to be the boss of you.

WEEK THREE

SCRIPTURE
Matthew 10:16a NIV, Matthew 8:24-27 NIV, Matthew 10:28-31 NIV, & 1 Peter 5:7 NIV

BOTTOM LINE
Because of Jesus, fear doesn’t have to be the boss of you.

WEEK FOUR

SCRIPTURE
Proverbs 4:23 NIV & Romans 8:1-4 NIV

BOTTOM LINE
Because of Jesus, guilt doesn’t have to be the boss of you.

REMEMBER THIS

Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

ROMANS 8:1-2 NIV