

Day 1: Cosmic Suncatcher

What You Need:

- Glue
- Food Coloring
- String
- Plastic Lid
- Pencil
- Toothpick

What You Do

- Pour Glue onto the plastic lid making sure to cover it generously
- Put drops of food coloring around the glue
- Use the toothpick to swirl colors around the glue
- Let the glue dry fully (this takes 1-3 days-you will know it is dry when the edges start to peel away from the lid)
- Poke a hole with the pencil and tie a string through it.
Hang in a sunny spot inside

I can have Confidence Because I am Known

Follower of Jesus

What You Need:

- Pair of chopsticks (or 2 pencils) per player**
- 1 Cotton Ball**

What You Do:

- Pass the cotton ball to the other player using the chopsticks without dropping it**
- Each time you drop it say a reason you can follow Jesus**

**I can have Confidence Because I
Belong**

Transforming Pudding Slime

What You Need:

- 1/4 cup instant pudding mix
- 1 cup corn starch
- 1/3 cup warm water
- Mixing bowl
- Mixing spoon

What You Do:

- Combine pudding and half cup of corn starch in the bowl with the warm water
- Knead the slime
- Add in the rest of the corn starch until it reaches the right consistency

**I can have confidence
because I am Forgiven**



Quick Change

What You Need:

- Oversized Outfit**
- Bin or Laundry Basket of Some Sort**

What You Do:

- First teammate runs and gets dressed in the oversized clothes as fast as possible.**
- Then they run back and trade off with one teammate**
- Keep going until every teammate has gotten a turn**



**I can have Confidence because
I can Change**

Confidence Telephone

What You Need:

- 2 Paper Clips
- 2 Paper Cups with holes poked in
- 3 yards of string

What You Do:

- Tie one paper clip to the end of the string
- Pull the end of the string through the cup until the paperclip is resting flat
- Insert the other end of the string into the hole in the other cup. Insert it from the outside end. Tie the other paper clip through the end
- Pull the string tight and speak through the telephone

**I can have Confidence to
Make a Difference**