

# Join Us As We Explore These Spiritual Practices

**Week 1 (2/26) Prayer**- Spending time talking with God as we bring our praise and requests to Him.

**Week 2 (3/5) Confession**- Admitting our faults and failures to God and others.

**(3/6) Browncroft Prayer Night**

**Week 3 (3/12) Silence**- Taking time to eliminate distractions and listen for the voice of God.

**(3/18) Spiritual Formation Conference**

**Week 4 (3/19) Gratitude**- Expressing thanks to God and the people He has placed in our lives.

**Week 5 (3/26) Fasting**- Letting go of an appetite in order to seek God on matters of concern for others, myself and the world.

**Week 6 (4/2) Service**- Reflecting the heart of God by helping, caring, and sharing His love in the world.

**Want To Go Deeper?  
Check Out Conversations On Each Practice  
Weekly On Our YouTube Page**



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