

Revised Schedule



SENIOR CONNECTIONS (65+) IN 2023

Second Friday of every month, year-round with exceptions

January 13, 2023

2pm

Active Living

Carly Swieringa
YMCA of Greater Rochester

February 10, 2023

Noon Lunch

Senior Living Alternatives

Alison Miller
Episcopal SeniorLife Communities

March 10, 2023

2pm

Therapy Dogs

Paul Anthony
RocDog Paws for Hearts

MONDAY
April 17, 2023

Noon Lunch

Meteorology

Glenn Johnson
News10NBC | WHEC-TV

May 12, 2023

2pm

History of Baseball

Gary Larder
Rochester Red Wings

THURSDAY
June 15, 2023

Vans leave at noon for the
Red Wings Game at 1:05PM.
Sign up required for a ticket
and transportation.

July 14, 2023

2pm

Technology

Randy Carson
VMware Cloud Computing

August 11, 2023

Noon Lunch

Anatomy

Michele Lennox
Rochester Institute of Technology

September 8, 2023

2pm

Pharmaceutical History Of Rochester

Dick Campbell

October 13, 2023

Noon Lunch

All About Pumpkins

Neil Comstra

November 10, 2023

2pm

Missions

Kelly Fasoldt

December 8, 2023

Noon Lunch

RPO Christmas Music

"For where two or three gather in my name, there am I with them." Matthew 18:20