

WORDS TO LIVE BY

A FRESH LOOK AT THE TEN COMMANDMENTS

SMALL GROUP GUIDE

FEB 23, 2025

The Value of Human Life

We are now in the second tablet of the law—the commandments that focus on our relationships with each other. In this study we are looking at the sixth word, “You shall not murder.” As we’ve discovered with the others, the true and full meaning of the command is only discernable as one looks carefully through all the Scriptures. What we find there is the real issue being addressed is the unresolved anger we carry into our relationships with others.

Read Exodus 20:13; Leviticus 19:17–19

- What is the overarching principle at work in the commandments on human relationships (Romans 13.8–10)?
- Is anger a problem in your life today? Has it been in the past?
- What is the underlying reason for this commandment (Genesis 9.6)?
- How does Jesus interpret this command (Matthew 5.21–22)? (see also 1 John 3.15)
- What does the account of Cain and Abel suggest to us about the role unresolved anger can play in one’s life (Genesis 4.6–7)?
- Who was Cain actually angry with (Genesis 4.5)? What is the root of your anger and to whom is it most often directed?
- What is the Bible’s remedy for pent-up or unhealthy anger in our lives (Matthew 5.23–24)? (see also Ephesians 4.26)
- Is there someone you need to take steps to reconcile with today?

Praying together

Holy Spirit, help me to better see the root of anger in my life today and to find a greater healing and strength in the gospel to deal with it.