



A Prayer for Growth

Paul's prayer in Ephesians 1:15–23 reveals his deep desire for believers to grow in spiritual wisdom and understanding. Paul was encouraged by reports of the Ephesians' faith and love. His prayer focuses on enlightenment through the Holy Spirit so believers might grasp the hope of their calling, the riches of God's glorious inheritance, and the immeasurable power available to them through Christ's resurrection and exaltation. This passage invites us to reflect on the power of God at work in us and challenges us to live in the reality of Christ's supreme authority over all things. As we explore this prayer, we will consider how it shapes our faith, hope, and daily walk with God.

- Share about a time in your life when someone prayed for you personally. When did it happen? What did they pray for? How did it make a difference in you?
- Read Ephesians 1:15–23. How does Paul's prayer compare to the prayers we pray today?
- Paul thanks God for the faith and love of the Ephesian believers. How do you see faith and love working together in a healthy Christian community? (Ephesians 1:15–16)
- What does it mean to have the "eyes of your heart enlightened" as Paul prays? How can spiritual wisdom and revelation impact your understanding of God? (Ephesians 1:17–18)
- Paul highlights the "hope of his calling" and "riches of his glorious inheritance." How do these concepts deepen your understanding of your identity in Christ? (Ephesians 1:18)
- In what ways can you practically grow in your knowledge of God's power at work in your life?
- In what ways does recognizing Christ as the exalted head of the church influence how you relate to others in your faith community?
- How might this passage encourage you to pray differently for yourself and others in your group?

Praying together

Partner up with individual from your group of the same gender. Pray Ephesians 1:15–23 over them.

