



We are Calling Focused

Ephesians 4:1–13 marks a major turning point in the letter as Paul moves from doctrinal truth to practical implications. He urges believers to “walk worthy” of their calling by embodying Christlike humility, gentleness, patience, and love. Paul teaches that unity in the church is not optional—it is rooted in the very nature of God, who is One, and sustained by the Spirit. Christ has given each believer spiritual gifts not for personal advantage but to equip the church, grow maturity, and strengthen the whole body. Together, this passage calls the church to communal discipleship where every believer contributes to the growth and unity of Christ’s body.

- When have you experienced a strong sense of unity on a team, in a group, or in the church? What made that unity possible?
- Read Ephesians 4:1–13. Paul lists humility, gentleness, patience, and bearing with one another in love as essential to unity (Ephesians 4:2–3). Which of these comes most naturally to you? Which is most challenging, and why?
- Ephesians 4:4–6 describes “one body, one Spirit, one hope, one Lord, one faith, one baptism, one God.” How do these shared realities form the foundation for unity in the church?
- Paul explains the purpose of spiritual gifts in Ephesians 4:11–12. How does seeing gifts as tools for “equipping the saints” and “building up the body” reshape how we view ministry?
- Paul says Christ gives gifts to “each of us” in Ephesians 4:7. What gifts, skills, or passions has Christ given you that could strengthen others in your group or church?
- Unity requires intentional effort in Ephesians 4:3. Where might God be inviting you to pursue reconciliation, patience, or deeper relational investment within the church?
- The goal is maturity, growing into the fullness of Christ (Ephesians 4:13). What is one step you can take this week to move toward spiritual maturity, either personally or in community?



Praying together

Use this prayer from Rachel Wojo:

Dear Father,

Just as it was when Jesus made his home on earth,

The world can be a hateful and cruel place.

We ask that you would guide our actions as believers.

Give us an eagerness to be humble and gentle.

Help us have hearts of patience and forbearance.

Thank You for the hope we have in You;

May Your hope unify our thoughts and decisions

And invoke peace through the Spirit.

Amen

